

2024 Health & Wellness Programs

Sponsored by the Orange County Office for the Aging

FRIDAY, MAY 17

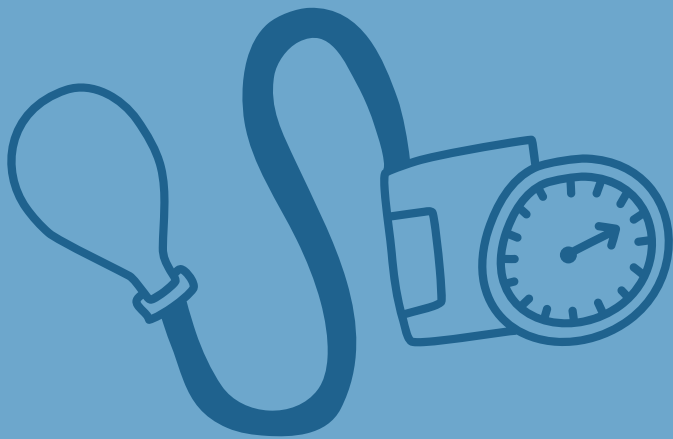
1:30 PM - 3:00 PM

Held at the Town of Newburgh Recreation Center

Vitamins & Supplements for Bone Health



Following the informational talk, join us for free blood pressure screenings:



FREE!
Blood Pressure Screening

This important health screening and informational talk is provided by Sue Nichols, MS/CDN/CDCES/RDN.

Contact Sue at 845-781-3636 or suegoshen@yahoo.com