



Town of Newburgh Recreation Department
Alice Desmond Center for Community Enrichment

Fall 2025



ALICE DESMOND CENTER FOR COMMUNITY ENRICHMENT
6 ALBANY POST ROAD
NEWBURGH, NY 12550

Desmond-info@townofnewburgh.org
(845) 565-1326



ONLINE REGISTRATION

Please visit this site:

<https://townofnewburgh.recdesk.com/Community/Home>

Follow these steps:

SET UP YOUR INDIVIDUAL AND FAMILY PROFILE

1. Click Log In and then create a New account to begin process of entering your Profile then click Continue.
2. Fill out all fields and click Submit to complete the Profile setup process.
3. Be sure to do this for ALL FAMILY MEMBERS who will be registering for or paying for (Parents/Guardians) programs. New family members can be added by going to your profile page and clicking the Add Household Member link.

REGISTERING FOR PROGRAMS

1. Registrations can be initiated by either clicking on the Register button on the Program List page or while viewing the Program Detail.
2. This will display the Program Registration form. Choose the Family Member registering for the program (not the Parent/Guardian), the appropriate Fee Type and then answer any additional questions that may be required for the program.
3. The new Registration will be added to your Shopping Cart and is ready for Payment. At this point, you can add more registrations to the shopping cart or complete the registration(s) by going through the Payment/Checkout process.

CHECKOUT AND PAYMENTS

1. Registrations are NOT complete until you go through the Checkout process. If there are pending registrations in your cart, go to your Shopping Cart and click Checkout.
2. You will be directed to the Waiver page where you must click Accept to continue.
3. Fill out credit card information and click Continue. You will then be presented with a summary of the transaction. Click OK to complete the transaction or Cancel to go back.
4. If you clicked OK, your credit card will be processed and the registration process will be complete.

ART:

Oil & Acrylics

Instructor: Jodi King

Beginners to advanced painters are welcome! Jodi King teaches how to use either oils or acrylics, brush techniques and more. Students must bring a picture of what they would like to paint along with the supplies provided on a list for this class. The list will be provided after registration is completed.

Session I: 4 sessions beginning Tues., Sept. 2 from 10:00 a.m.-1:00 p.m.

Session II: 4 sessions beginning Tues., Oct. 7 from 10:00 a.m.-1:00 p.m.

Session III: 4 sessions beginning Tues., Nov. 18 from 10:00 a.m.-1:00 p.m. (Snow Date: December 16)

Res: \$90/Non-Res: \$95



Fundamentals of Drawing

Instructor: Donna Prizzi

Let's draw! If you've ever wanted to pursue painting or drawing but didn't know where to start, understanding the basic elements is the key; perspective, line, tone, proportions, shadow, and form. You'll draw from direct observation (and photos as an alternative option). We'll

also explore compositional strategies through drawing exercises, simple still life and landscapes. There will be individual critiques during the class. No experience is necessary.

Session I: 6 sessions beginning Mon., Sept. 8, from 10:00a.m.-12:00p.m. (No class October 13)

Session II: 6 sessions beginning Mon., Nov. 3, from 10:00a.m.-12:00p.m. (Snow Date: December 15)

Res: \$110/Non-Res: \$115

Painting with Pastels "Still Life Class"

Instructor: Gayle Clark Fedigan

This course will focus on the handling of the pastel medium while doing still life. All levels from beginning to advanced painters are welcome.

Session I: 6 sessions beginning Fri., Sept 12, from 9:30 a.m.-12 p.m.

Session II: 6 sessions beginning Fri., Oct. 31, from 9:30 a.m.-12 p.m.

(No class November 28) (Snow Date: December 19)

Res: \$145/Non-Res: \$150

Nature's Palette

Instructor: Laura Leigh Lanchantin

Join local painter Laura Leigh Lanchantin to learn about the traditional method of creating watercolor paint from Catskill and Appalachian ochre. Topics in this lecture range from gathering stones to milling pigments and applying these paints with your painting process. Laura will also discuss basic geology, the history of pigments, safety procedures and the locations where she finds the ochre.

Weds., September 24, from 1:00 p.m. – 2:30 p.m.

Res: \$15/Non-Res: \$20

Fall Wreath Workshop

Instructor: Theresa Dattes

Participants will create a seasonal piece for fall! Elements of design and easy construction ideas will be discussed and demonstrated. Material costs are included in the price of the class. This class is limited to 8 students.

Thurs., September 25, from 12:00 p.m.- 2:00 p.m.

Res: \$50/ Non-Res: \$55

An Introduction to Color Pencils

Instructor: Paul R. Martin III

Paul Martin will cover the fundamentals of using colored pencils to create artwork, focusing on techniques like layering, blending, and color mixing. Students will learn how to apply colored pencils effectively, understand color theory, and develop their drawing skills. The classes will also explore specific subjects like still life, landscapes, or portraits.

4 Thurs., beginning Thurs., October 9, from 10:30 a.m.-12:00p.m.

Res: \$60/Non-Res: \$65



Create a Fall Candle Lantern

Instructor: Pamela Golben

Create your own Fall Lantern using dried leaves, flowers and ferns! Dried and pressed botanicals will be provided, as well as the glass jar and adhesive. These look beautiful with a votive candle or battery-operated tea light! Supply cost is \$5 payable to the instructor on the day of class. Lantern will

look similar to the picture.

Thurs., October 9, from 1:00 p.m.-2:30 p.m.

Res: \$15/Non-Res: \$20

Pet Portrait Design

Instructor: Jodi King

Learn to paint a portrait of your favorite pet! Dogs, cats, fish, a parrot- any kind of pet will do for this fun class! Students will need to bring an 8x10 canvas, brushes for oil or acrylics and a variety of paint colors (oils or acrylics). Students will pick the medium and only bring that type of paint. Disposable paint pallets are preferred. Students who plan to use oils are also asked to bring odorless turpenoid and linseed oil to clean their brushes.

3 Tuesdays, beginning October 14, from 1:30 p.m.- 3:30 p.m.

Res: \$75/Non-Res: \$80



Celtic Knotwork Workshop

Instructor: Laura Nicholls

Celtic Knotwork, also known as interlace, is a type of decorative design featuring interlocking lines that create intricate, overlapping patterns. These patterns – developed during the Middle Ages - are often endless, with no clear beginning or end. They often symbolize eternity, interconnectedness, and the

cyclical nature of life. Celtic knots are a prominent feature of Celtic art, particularly in Insular art styles, and can be found in various media like stone carvings, manuscripts (such as the Book of Kells) and jewelry. In more recent times, Celtic knots have become popular as tattoo designs - symbolizing strength, resilience and/or connection to Celtic heritage and culture. Please join us in this two-day workshop as we look at the historical background of Celtic Knotwork, as well as many various designs - and- most importantly, learn the basic process of creating simple and repeat Celtic designs. Our end goal is to create a card suitable for hanging.

Mon., Oct. 20 & 27, from 10:00 a.m. – 12:00 p.m.

Res: \$30/Non-Res: \$35

Quick Start Calligraphy: A One-Day Brush Pen Workshop

Instructor: Marjorie Politi

Curious about calligraphy, but not ready to dive into dip pens and ink spills? This brush calligraphy crash course is the perfect introduction for beginners who want to explore the art of beautiful writing, without the mess. Using brush pens, you'll learn the essential strokes, basic letterforms, and simple techniques that form the foundation of modern calligraphy. By the end of the session, you'll walk away with a solid understanding of the basics, a few

practice sheets, and a better idea of whether you'd like to pursue calligraphy further. No experience needed, just bring your curiosity!

Weds., October 22, from 1:00 p.m.- 3:00 p.m.

Res: \$40/Non-Res: \$45

Winter Wreath Workshop

Instructor: Theresa Datre

Participants will create a seasonal piece for the winter! Elements of design and easy construction ideas will be discussed and demonstrated. Material costs are included in the price of the class. This class is limited to 8 students.

Thurs., November 6, from 12:00 p.m.- 2:00 p.m.

Res: \$50/ Non-Res: \$55

Fall Floral Design Workshop

Instructor: Secret Garden Florist

Join the Secret Garden Florist for a one-time class covering the basics of design, types of arrangements, tools and materials, as students explore making a fall floral arrangement. Participants will make one fall floral arrangement to take home. Flowers and color scheme will reflect the season. All materials will be provided. Bring floral clippers and a box to transport your arrangement. A \$40 supply fee is included in the class fee.

Mon., November 24, from 1:00 p.m.-3:00 p.m.

Snow Date: Tues., November 25

Res: \$75/Non-Res: \$80

Winter Floral Design Workshop

Instructor: Secret Garden Florist

Join the Secret Garden Florist for a one-time class covering the basics of design, types of arrangements, tools and materials, as students explore making a winter floral arrangement. Participants will make one winter floral arrangement to take home. Flowers and color scheme will reflect the season. All materials will be provided. Bring floral clippers and a box to transport your arrangement. A \$40 supply fee is included in the class fee.

Weds., December 17, from 1:00 p.m.-3:00 p.m.

Snow Date: Thurs., December 18

Res: \$75/Non-Res: \$80

ART HISTORY:



Japonisme

Instructor: Laura Nicholls

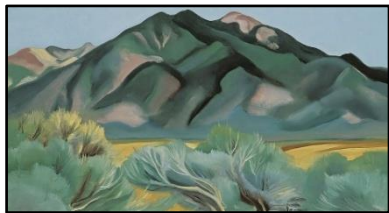
Japonisme, a term coined by French art critic Philippe Burty, refers to the Western (European and American) fascination with Japanese art and aesthetics beginning in the mid-19th C. This influence profoundly impacted various art movements, including Impressionism and Post Impressionism, and had a lasting effect on design and fashion. Japanese art, particularly ukiyo-e prints, influenced Western artists with use of flat

planes, bold colors, and unique perspectives. This led to

a shift in Western art making towards more decorative and stylized approaches, and had a most significant impact on artists including Édouard Manet, Edgar Degas, James Whistler, and Vincent van Gogh. In addition to the visual arts, Japonisme also influenced design and fashion, with Japanese motifs prominently appearing in clothing, textiles and furniture. Please join us as we look at the artistic and social origins of the Japonisme movement, and discover how Western artists incorporated Japanese visual art sensibilities into their work.

Weds., September 10, from 12:30 p.m.-2:30 p.m.

Res: \$15/Non-Res: \$20



Arts of the South West: Taos

Instructor: Laura Nicholls

At the end of the 19th C, American artist Joseph Henry Sharp - who specialized in paintings of Native Americans - visited the Taos Pueblo on a trip through New Mexico...and ‘the rest, as they say, is

history!’ Sharp returned with several artist friends, and in 1915 formed the Taos Society of Artists. Developed concurrently with Taos, the Santa Fe Art Colony brought artists, writers, and poets inspired by Native American and Hispanic culture, artwork and New Mexico’s unique natural beauty. Mabel Dodge Luhan, a wealthy American patron of the arts based in NYC, held weekly Salons with notable contemporary artists and writers. She moved to Taos in 1917 and purchased a property that was to become a haven for artists and writers including, over the years, Ansel Adams, Willa Cather, Georgia O’Keeffe and Aldus Huxley. The property today, known as the

Mabel Dodge Luhan House, serves as a hotel and conference center. Please join us as we explore the artists and artworks inspired by the distinctive cultures and environment of the Southwest, particularly Taos.

Weds., October 15, from 12:30-2:30 p.m.

Res: \$15/Non-Res: \$20



**Two Game Changing Japanese Female Artists:
Ruth Asawa and Yayoi Kusama**

Instructor: Laura Nicholls

Born in 1926 in Norwalk, California, Ruth Asawa, an American artist of Japanese heritage, received her first artistic training as an internee in an internment camp during WW II. Post war, as her artistic career developed, Asawa created an extensive body of works on paper that were influenced by nature - particularly flowers, plants, and her immediate surroundings. Asawa became

best known for her nontraditional crocheted, intertwining wire sculptures - using nontraditional sculptural materials such as brass and copper wire. In doing so, she created intricate, delicate, form within a form works that use simple contours, curves, loops and lines. Because of her use of nontraditional sculptural materials Asawa's work wasn't fully recognized until late in her life. Yayoi Kusama, born in Japan in 1929, is a contemporary artist recognizable by her bright red wig and playful use of polka dots. Kusama moved to New York City in 1958 and was a part of the New York avant-garde scene throughout the 1960s, especially in the pop-art movement, and came to attention when she organized a series of 'happenings' with participants being painted in dots. After some difficult emotional years and a move back to Japan during the early 1970's, Kusama experienced an artistic revival during the '80's and '90's particularly with a huge, yellow pumpkin sculpture covered with an optical pattern of black dots. For her, the pumpkin came to represent a kind of alter-ego, and became her iconic representation as her recognition and artistic reputation skyrocketed. Today, Kusama's brightly colored, often immersive exhibitions are sold out months in advance. Please join us as we explore the artistic explorations of two female artists of Japanese heritage - artistic titans and game changers the field sculpture - who both rose to artistic fame late in life. This talk is being presented in advance of a trip to MoMA.

Weds., November 12, from 12:30 p.m.-2:30 p.m.

Res: \$15/Non-Res: \$20

Museum of Modern Art (MoMa) Trip

Instructor: Laura Nicholls

Although Ruth Asawa: A Retrospective is the spotlight exhibition at the Museum of Modern Art this autumn, the museum holds countless ‘modern’ artistic treasures waiting to be discovered and explored! Included in the collections are artistic works from 1880 - until the present day and you won’t want to miss several of Vincent Van Gogh’s paintings - including *Starry Night* - as well as Andrew Wyeth’s *Christina’s World*. Other well-known artist’s works to explore, among a host of others, include Claude Monet, Pablo Picasso, Jacob Lawrence, Jackson Pollock, Andy Warhol, and a telling self portrait of Frida Kahlo.

Fri., November 14

Depart Rec: 8:30 a.m.

Return Rec: 4:30pm

Res Fee: \$55

Non-Res Fee: \$65

Additional information about this trip will be forthcoming.



Walt Disney: It's Not Just About Mickey!

Instructor: Laura Nicholls

Referred to as ‘the most significant figure in graphic arts since Leonardo’ by the late British political cartoonist David Low, Walt Disney was a pioneer, innovator and possessor of a very fertile

imagination! Born in Chicago in 1901, and raised on a farm in Missouri, Disney began his commercial art career selling sketches to neighbors at seven years old! He studied drawing and photography as an adolescent, worked with the Red Cross during WW I, and began to market his first animated cartoons post war. Disney moved to Hollywood in 1923 with \$40 in his pocket and his complete animated, live action film - and - although he faced some financial difficulties early on, began a small production company with his brother Roy. In 1927, just before the transition to sound in motion pictures, Disney and a friend and associate animator, Ub Iwerks, experimented with a new character—a cheerful, energetic, and mischievous mouse called Mickey...and from there the cartoon character became an American Icon. Please join us as we merrily follow the life, career and joyous characters of Walt Disney - who has been making children and

adults alike smile with glee for decades! **This class will have two sessions please only pick one session.**

Weds., December 3, from 12:30 p.m.-2:30 p.m. (SD: December 10)

Thurs., December 4, from 12:30 p.m.-2:30 p.m. (SD: December 11)

Res: \$15/Non-Res: \$20

FILMS:

Four Films

Instructor: George Burke

It's hard to believe that this film class has been offered for nearly twenty years, here at the Desmond! Needless to say, a broad spectrum of topics and titles is, in fact, part of its legacy. Artists have been honored, genres explored, historic events remembered, and holidays celebrated. More importantly is the fact that those who attend, continue to share their knowledge and love of film in a spirit of friendship! At this point in time, it can honestly be said, without malice, that "you can't please everyone." So it is in that same spirit that the following are offered for your viewing and enjoyment. Needless to say, some are "vintage," while others might be referred to as "neo classics," with several nominated in various categories. So simply come and enjoy!

Session I:

September 5 "Ninotchka"

September 19 "Silk Stockings"

October 3 "Remains of the Day"

October 24 "Rosemary's Baby"

4 Fridays, beginning September 5, from 10:00 a.m.-12:30 p.m.

Res: \$40/ Non-Res: \$45

Session II:

November 7 "Driving Miss Daisy"

November 21 "Judgement at Nuremberg"

December 5 "Birdcage"

December 12 "Holiday Inn"

4 Fridays, beginning November 7, from 10:00 a.m.-12:30 p.m.

Snow Date: Fri., December 19

Res: \$40/ Non-Res: \$45

Film Noir: A New War 1950 – ‘53

Instructor: Roxanne Patton

The Cold War and the fear that miscalculation could send it nuclear and the ensuing McCarthyism is the back drop for these Noir films. The peace that was promised at the conclusion of WWII has not fully materialized though nations of the West continue to rebuild from the war's devastation. To most American lives, there is still a sense of anxiety; nothing has changed.

Series 5 (1949 – 1950)

Fri., November 7- White Heat

Fri., November 21- Where the Sidewalk Ends

Fri., December 5- In a Lonely Place

Fri., December 12- Gun Crazy

4 Fridays, beginning November 7, from 12:30 p.m.-2:30 p.m.

Snow Date: Fri., December 19

Res: \$60/ Non-Res: \$65

LANGUAGE:

Conversational French

Instructor: Pamela LaLonde

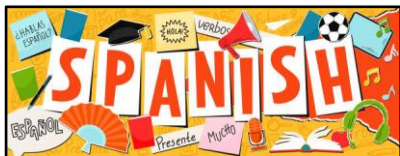
This course is designed for people who have a working knowledge of French. Each class starts with a topic of conversation, and everyone is encouraged to participate in the discussion. There are listening comprehension exercises. Grammar is included as needed to help with understanding. We will be reading stories from a book called “Le Petit Nicolas” by Semp-Goscinny. This book is available on Amazon, Abe Books, or other websites.

Session I: 6 Weds., beginning September 10, from 10:00 a.m.-11:30 a.m.

Session II: 6 Weds., beginning October 29, from 10:00 a.m.-11:30 a.m.

(No class November 26) (Snow Date: December 17)

Res:\$70/Non-Res:\$75 (per session)



Continuing Conversational Spanish

Instructor: Di Anne M. Wright

This course will continue to build upon the basic conversational Spanish skills. We will delve deeper into grammar,

vocabulary, and structures, that will enhance your existing skills. This will be presented as 3 Culture Capsules - focusing on three distinct regions of the Spanish-speaking world (Spain, Mexico, and Puerto Rico). The instruction will be enhanced with authentic reading samples, and examples of music, dance and customs, particular to each region.

3 Tues., Sept. 23 & 30 and October 7, from 10:00 a.m. – 12:00 p.m.

Res: \$60/Non-Res: \$65

From Sicily with Love: Learning Italian through Stories and Traditions

**Instructors: Ryan Bucci and
Katia Fasullo/ Bucci Tours**

Join Ryan and Katia for a gentle and enriching journey into the Italian language, guided by the



vibrant traditions, heartfelt stories, and timeless charm of Sicilian culture. This course blends conversational Italian with storytelling, music, customs, and regional flavor to create a truly immersive experience. Whether you're reconnecting with your roots, planning a future trip, or simply embracing the joy of learning, you'll build language skills in a welcoming, supportive environment—one word, one tale, and one tradition at a time. No prior experience with Italian is necessary—just curiosity and a love for culture.

6 Wednesdays, beginning October 15, from 11:00 a.m. – 12:00 p.m.

Res: \$120/Non-Res: \$125

Introduction to Japanese

Instructor: Susan and Charles Leach

In this introductory class we'll begin by learning some simple greetings and polite expressions in Japanese along with some basic rules of etiquette.

Then we'll take a look at the Japanese writing system, beginning with the two ways of writing 46 phonetic symbols. There are also thousands of symbols called kanji, of which we will practice a few! We'll learn how first grade students begin to read and write their own language. The Japanese also use lots of loan words from English. With a bit of practice, an English-speaking tourist in Japan can decipher some of the words on menus, shop fronts, and kiosks. This class will give you the building blocks for getting started as a tourist or as a student of the Japanese language.

Thurs., November 13, from 10:00 a.m.-12:00 p.m.

Res: \$15/Non-Res: \$20

SPEAKER SERIES:



The US Constitution is as American as Apple Pie, Baseball and Jazz

Instructor: Kyle Jenks

Congressman Madison speaks as if it is 1790. The Constitution has been ratified, President Washington has been inaugurated in NYC, the Residency Act of July 1790 has passed and the national capital has moved to Philadelphia while the permanent capital is under construction on the Potomac. Topics recount the succession of events that bring us to this point including the necessity of strengthening the Articles of Confederation, Madison's preparation for the Constitutional Convention, the situation surrounding the writing of the Constitution in Philadelphia, the Constitution's ratification, the election of President Washington and the state of the country in 1790.

Mon., September 8, from 11:00 a.m.-12:00 p.m.

Res: \$15/Non-Res: \$20

Myths Surrounding Mary Todd Lincoln

Instructor: Barbara Somers

Join Barbara Somers for a look into the life and myths surrounding Mary Todd Lincoln! There is an interesting discussion about myths surrounding Mary Todd Lincoln, spanning from William Herndon, Lincoln's law partner and biographer, to Steven Spielberg, who depicted Lincoln's presidency in his 2012 film Lincoln. Herndon's accounts of Mary Lincoln painted her as difficult and unstable, which shaped much of public perception of her.

In recent years these accusations have been scrutinized by many historians. Somers will dive into the myths surrounding this historical figure.

Tues., September 9, from 10:30 a.m.-12:00 p.m.

Res: \$15/Non-Res: \$20

Hawkins Zouaves: The Ninth New York Volunteer Infantry

Instructor: Roxanne Patton

Mid-nineteenth century saw the rise of private clubs raised to perform military drill for public display. These clubs were organized around a set of by-laws setting forth officers and procedures and specifying the style of uniform to be worn. The most popular style was taken from the French Moroccan troops known as Zouaves. Hawkins Zouaves were organized in 1858 as a drill demonstration team and with the coming of the Civil War,

were taken into Federal service as the Ninth New York Volunteer Infantry and served until May of 1863. Of the many actions this unit participated in, the Battle of Antietam marks the height of their bravery and success. The course will consist of two parts:

Thurs., September 11 & Weds., September 17, from 10:00 a.m.-12:00 p.m.

Res: \$30/Non-Res: \$35

The Forgotten Black Army Unit Fort WW1

Instructors: Charles Ford and Frank Kieck

Description: Join Charles Ford and Frank Kieck as they lecture about the 369th U.S. Infantry Regiment Old 15th National Guard, the Greatest Forgotten Heroes of World War I. The French called them “Men of Bronze.” The Germans called them “Harlem HellFighters.” This class will cover William Hayward, Hamilton Fish, James Reese Europe, Noble Sissle, and William Henry Johnson's involvement. Music, Madness and War!

4 Fridays, September 12 & 26 and October 10 & 17, from 12:00 p.m. – 2:00 p.m.

Res: \$60/ Non-Res: \$65

President James Knox Polk – Manifest Destiny

Instructor: Tom DeStefano

Join Tom DeStefano to learn about the role President James Knox Polk played in expanding the American borders. Prior to his presidency, the borders of the United States were extended to the Mississippi after the American Revolution then the Louisiana Purchase doubled the area of America in 1803. Texas would later join the Union. Under President James Knox Polk, the boundaries of the United States would reach the Pacific Ocean through the Mexican-American War and a series of annexations. As railroads, settlers, and telegraph wires come west, American Indians and buffalo scattered before them and by the 1850s manifest destiny became complete.

Mon., September 15, from 10:00 a.m.-11:30 a.m.

Res: \$15/Non-Res: \$20

John Jacob Astor – From Furs to Real Estate

Instructor: Rick Feingold

The book Astor by best-selling writer Anderson Cooper has revived interest in the fur trader/real estate tycoon. Born into poverty in Germany, John Jacob Astor came to the United States and built the American Fur Company by trading manufactured goods from Asia and Europe with Native

Americans. Once fur hats went out of style he invested in Manhattan real estate and earned a fortune as European immigrants came to New York City seeking a better life. Join us as we discuss the North American fur trade and the growth of New York real estate in the early 1800s.

Mon., September 15, from 11:30 a.m.- 1:00 p.m.

Res: \$15/Non-Res: \$20

The History of the 1920s: A Decade of Change

Instructor: Leon DiMartino

The 1920s, which is often referred to as the roaring twenties is marked as the period that follows the end of the first world war. It would be a decade of innovative changes in manufacturing with mass production of cars. The introduction of new fashions and food items and the introduction of radio broadcasting on a nationwide basis. Movies, prohibition (the 18th Amendment), and the women's right to vote (the 19th Amendment) would be key events that would have an impact on the American population of the 1920s. Learn the colorful and fascinating history of this decade and how it still influences modern day life!

5 Tues., starting September 16, from 12:30 p.m. – 2:30 p.m.

Res: \$75/Non-Res: \$80

Familiar Faces Forgotten

Instructor: Sara Russell/Hudson River Maritime Museum

Mary Powell was a beloved steamboat who cruised the Hudson between 1861 and 1917. The Hudson River Maritime Museum holds many historic photographs of her and hundreds of her crew members who made her journey possible. This lecture focuses on one particular 1908 photograph of Mary Powell crew members. A search for their identities using genealogical research methodology was undertaken and successfully identified multiple individuals. Join to learn about their lives and tips on how to identify unknown individuals in photographs you may have in your attic.

Thurs., September 18, from 11:00 a.m.-12:00 p.m.

Res: \$15/Non-Res: \$20

American Revolution in the Hudson Valley

Instructor: Anthony P. Musso

During the American Revolution, New York's Hudson Valley played an important role in the nation's quest for independence. From Quaker meeting houses and churches being converted into military hospitals for the Continental Army, multiple forts that guarded the Hudson River against British infiltration, and private residences and taverns used for various

purposes during the war, a number of still existing structures open to the public serve as stark reminders of the era. Learn the history of these individual buildings and the role they had during this 60-minute Power Point presentation that will bring the American Revolution to life. There will be a question and answer session following the presentation.

Mon., September 29, from 10:00 a.m.-11:30 a.m.

Res: \$15/Non-Res: \$20

The Origin of the English Language and Some Common Phrases

Instructor: Andrew Mills

This program will give a brief history of the origin and evolution of the English Language. Most of the presentation will then be an interactive class discussion of many common phrases and how they came to be. Students will undoubtedly have ideas about how these phrases originated in many cases but may be surprised and interested to learn of other theories and/or previously unknown nuances regarding their origin.

Weds., October 1, from 10:00 a.m. – 11:30 a.m.

Res: \$15/Non-Res: \$20



A Salute to Ol' Blue Eyes

Instructor: Joshua E. Long

Join conductor, performer, researcher, teacher, and technician Joshua E. Long, PhD of Art & Music Emporium, Inc. for the lecture “A Salute to Ol’ Blue Eyes, The Chairman of the Board, Mr. Frank Sinatra.” The presentation will focus on the life of Frank Sinatra, his music, performances, tours, and so on. The presentation will also take a quick dive into the domination in the jazz world of the early 1940s when swing

was most popular, and the emergence of decades of dance music, which inspired Frank Sinatra. The rest of the presentation will focus on Sinatra's music that spanned several genres beyond jazz and swing including traditional pop, with a strong emphasis on the “Great American Songbook” that Frank Sinatra was known to provide through a crooning style, interpretation, and distinctive flair.

Weds., October 1, from 1:00 p.m.- 2:30 p.m.

Res: \$15/Non-Res: \$20

The Grapes of Wrath

Instructor: Tom Fitzgerald

John Steinbeck's Pulitzer Prize and National Book Award epic of the Great Depression is considered the most American of American classics. It's the story of a family driven from their Oklahoma homestead and forced to travel west to the promised land of California, under very difficult conditions, in search of work and human dignity. Join us in reading and discussing this intensely human drama, striking in scale and stirring in moral vision. "One of the most respected modern American novels."

8 Thurs., beginning October 2, from 10:00 a.m.- 12:00 p.m.

Res: \$80/Non-Res: \$85

Pathways to Freedom

Instructor: Di Anne Wright

Can you imagine if your life depended on a scrap of fabric or a few notes of a song? The American Slaves were required to trust others and learn these secret codes, as they navigated the perils of the Underground Railroad.

Learn how simple quilts and old spirituals, helped to save the lives of many people. Learn about the brave good people who risked their own safety to use these symbols. Hear about one talented former slave, who became Mary Todd Lincoln's personal assistant. This is a multi-media presentation.

Weds., October 8, from 10:00 a.m.- 12:00 p.m.

Res: \$15/Non-Res: \$20

The History of Camp Smith

Instructor: Paul R. Martin III

Martin will present a program on the long History of Camp Smith, the familiar facility on the hill overlooking the Hudson River on Bear Mountain Bridge Road in the Annsville section of Peekskill. A noted professional historical artist, author, illustrator and art teacher, Mr. Martin will narrate a PowerPoint slide presentation featuring vintage postcards, maps, artifacts and rare photos depicting Camp Smith from its founding in 1882 through the periods of World War I, the interim years between, and including World War II, and up through its current history. From its beginnings to the present day, the camp has been used as an annual training site for National Guard regiments, Regular military units and civilian protective services. The story

of Camp Smith is the story of the changing American military, particularly here at home in the Empire State.

Thurs., October 16, from 12:30 p.m.-2:00 p.m.

Res: \$15/Non-Res: \$20

Food and Diet in the Middle Ages: The Autumn Harvest

Instructor: Jeffrey Doolittle

This course provides an overview to food production and approaches to diet in the European middle ages, with a special focus on seasonal foods that would have been consumed during the autumnal harvest period. We will explore medieval cookbooks, literature, scientific and medical texts, and many other sources to understand medieval beliefs about food, diet and the calendar year.

Weds., October 22, from 10:00 a.m.-11:30 a.m.

Res: \$15/Non-Res: \$20

Dwight D Eisenhower - President and WW II General

Instructor: Tom DeStefano

Dwight D Eisenhower was the Five-Star General who would become the 34th President of the United States. He graduated from the West Point Military Academy and went on to become the Supreme Commander of Allied Forces in Europe. Eisenhower oversaw the D-Day invasion of France in World War II. As President, he would serve as Commander-in-Chief during the Cold War era. Eisenhower would oversee the building of the interstate highway system, sign the Civil Rights Act of 1957, and warn of the dangers of a military-industrial complex during his farewell speech.

Tues., October 28, from 10:00 a.m.- 11:30 a.m.

Res: \$15/Non-Res: \$20

The Great Escape of World War II

Instructor: Rick Feingold

There were actually two successful escapes. The first break-out, from inside a wooden horse, enabled three men to escape a WW II German POW camp and return to England. The second escape, immortalized in the film *The Great Escape*, featured the building of 100-meter tunnels which allowed 76 men to escape Stalag Luft III. Most of the POWs were captured. Only three made it to safety in Allied territory. Join us to hear about the mastermind behind the plot nicknamed "Big X", tunnels Tom, Dick, and Harry, and the real-life story of the three who got away.

Tues., October 28, from 11:30 a.m.-1:00 p.m.

Res: \$15/Non-Res: \$20



Ralph Aiello: The Eye of An Artist, The Mind of a Photojournalist

Instructor: Carl Aiello

The program will highlight black and white and color photos from the 75-year collection of Ralph Aiello (1913-2005) a longtime Newburgh resident. A native of Maybrook, Aiello dabbled in photography as a teenager, but became seriously interested in photography in 1935, with the purchase of an Argus 35 mm camera, and the beginning of self-education in photography. Camera

knowledge helped him obtain his first job as a reporter-photographer with the Middletown Times-Herald, a forerunner of the present-day Times Herald Record. He went to work for the Newburgh News in 1939, and remained there in various editorial capacities until his retirement in 1978. In addition to other local endeavors and awards, he joined the Photographic Society of America in 1970 and won numerous awards for his color slides and black and white prints in photo exhibitions throughout the country. Aiello's interest in photography was broad, ranging from rural scenes to portraits, nature closeups and still life photos. This lecture will highlight the rural scenes and houses of worship of his native Hudson Valley, as well as some of his favorite locales, like Newburgh's Downing Park. The images represent his countless hours scouring the countryside in all seasons of the year. Join his son Carl Aiello for a look into the life and legacy of this local Newburgh icon!

Thurs., Nov. 6, from 1:30 p.m.-2:30 p.m.

Res: \$15/ Non-Res: \$20

Highlights of Hudson Valley Sports History

Instructor: Bill Ponte and Morgan Maier

Did you know ice yachting on the Hudson River was once a popular pastime? Or that two of Franklin D. Roosevelt's cousins



were champion women's tennis players? Join ambassadors from the Sports Museum of Dutchess County as they present on the deep history of sports in the Hudson Valley! This discussion highlights sports figures whose careers took root in the local area, including Light Heavyweight Champion boxer Melio Bettina, U.S. men's national soccer team captain Tyler Adams, and women's sports trailblazer Patsy "Pat" "Zerbe, as well as other generational

athletes. A slideshow featuring artifacts from the museum's collection will accompany the discussion.

Mon., November 10, from 12:00 p.m.-1:30 p.m.

Res: \$15/Non-Res: \$20

Counting the Stars

Instructor: Cynthia Topps

Come join Cynthia Topps as she honors some of our early female scientists. In this lecture, Cynthia will talk about the women who worked at the Harvard Observatory. Over 200 women worked for the Harvard Observatory between 1870 and 1930 mapping the stars. Much of their work led to astronomical discoveries, which was largely attributed to the men with whom they worked. One stand-out was Henrietta Levitt, who was nominated for a Nobel Prize.

Tues., December 2, from 10:00 a.m.- 11:30 a.m.

Snow Date: Tues., December 9

Res: \$15/Non-Res: \$20

EXPLORE & EXPAND:



Tree of Life

Instructor: Wendy Forte

Come join Wendy Forte for a fun introduction to jewelry making, with elements added for those who would like a little more of a challenge. We will be shaping and wrapping wire, then decorating with semi-precious stone

chips to create this wonderful pendant. All tools and materials will be supplied.

Thurs., September 11, from 9:00 a.m.-11:00 a.m.

Res: \$40/Non-Res: \$45

Bonsai Basics II

Instructor: Jim Presutti, CA, CNLP, CCPA

In Bonsai Basics II, class participants will learn how to continue caring for their Bonsai including wiring and pruning the tree. In order to enroll in Bonsai Basics II, registrants must have taken Bonsai Basics.

Mon., September 15, from 10:00 a.m.-11:00 a.m.

Res: \$15/Non-Res: \$20

Cutting the Cord

Instructor: Vincent Kayes

Technology continues to push broadcast boundaries, and numerous options for TV viewing are creating many replacements to cable TV. Live streaming provides many ways for you to access a broad range of TV shows, local channels, news, and movies, rather than paying for expensive cable packages that typically bundle TV, phone, and Internet, whether you need them or not. This class will present alternatives to cut those costs, depending on your requirements, not the cable providers. Equipment may be Amazon Fire TV, Apple TV, Roku, Xbox One, PS Vue, Smart TVs, etc. and streaming services such as Amazon Prime, DirecTV, HULU/HULU + Live TV, Netflix, Spectrum Internet, Sling, YouTube, etc.

Mon, September 15, from 10:00 a.m.-12:00 p.m.

Res: \$15/Non-Res: \$20

The Writer in You

Instructor: Iris Jackson

Think you want to write a book? Find out about the variety of opportunities available to you. The world of publishing is both vast and small. Find out what it takes, discover where your leanings lie, and start your journey armed with information enough to actually move forward and write your book. Part 2 - See how your intentions fit with your ingenuity and initiative, then where they all meet the industry. It's now become your time to move forward with your writing. Determine what do you want to do, where you want to go with it. Participants will have assistance moving forward with their writing goals and choices.

2 Weds., September 17 & 24, from 10:00 a.m.-12:00 p.m.

Res: \$30/Non-Res: \$35

Soap Making Workshop

Instructor: Maritza Romero

Embark on a creative journey with our soap making workshop! It is designed to blend education and fun for participants of all skill levels. Under the guidance of Maritza Romero, you'll delve into the art and science of crafting your own natural soaps using melt and pour technique. Engage in the step-by-step process of creating your very own unique soap blending and decorating to your personal preference. You will leave the workshop feeling confident with your handcrafted soaps. Join us for a memorable

experience that combines learning, creativity, and the joy of making something truly your own.

Thurs., September 18, from 10:00 a.m.-12:00 p.m.

Res: \$25/Non-Res: \$30

Introduction to Microsoft Excel

Instructor: Vincent Kayes

This course presents preparing and formatting an Excel worksheet, and preparing Excel workbook covers, creating a worksheet and saving a workbook. Learn to identify various elements of the workbook, create, save and print a worksheet or workbook, enter and edit data, insert a formula via the autosum button. Apply basic formatting to cells. Learn to write formulas with math operators and by typing into the formula bar as well as how to copy a formula. Create absolute, relative and mixed cell references. Use the insert function feature to insert a formula into a cell and write formulas with AVERAGE, MAX, MIN, COUNT, PMT and FV. Participants are encouraged to bring their own laptop.

Mon., September 22, from 10:00 a.m.-12:00 p.m.

Res: \$15 / Non-Res: \$20



Protecting Peace – How to Navigate Toxic Energy

Instructor: Diane Lang

We all have people who push our buttons, drain our energy and take us off track. These types of people can create situations that cause us to feel frustrated, drained, fatigued and unhappy. In this

workshop you will learn: tips to deal with difficult people, different communication techniques that you can use to effectively handle negative/difficult people, what is a toxic relationship and how to emotionally detox, why are people so negative and the consequences of too much negativity in your life.

Thurs., September 25, from 1:00 p.m.-2:30 p.m.

Res: \$15/Non-Res: \$20

Natural Winter Indicators

Instructor: Kayleigh Karpowicz/Hudson Highlands Nature Center

Did you know that the skin of an onion can potentially predict how cold our winters will be? How about the change in behavior of our local honeybees and squirrels? Many aspects of our natural world give us subtle clues about

what wintery conditions are to come. Join a Hudson Highlands Nature Center educator to verify or de-bunk common natural winter indicators.

Fri., September 26, from 10:00 a.m.-11:30 a.m.

Res: \$15/Non-Res: \$20



Tree ID Trail Walk at Chadwick Lake Park

Instructor: Jim Presutti, CA, CNLP, CCPA

If you're new to tree identification or need a refresher, this class is for you. Come take a hike with Jim around Chadwick Lake. With a degree in Forestry and 44 years of

experience, Jim will teach you how to identify trees such as oak, maple, cherry, and others. This class will help individuals learn how to recognize different tree species using various characteristics like leaves, bark, and overall form. Participants will leave class feeling more confident in their ability to identify regional trees. Learning to identify trees can deepen your appreciation for the natural world! This program will include a 1.5-2 mile walk over the duration of the class. Please wear appropriate footwear and bring a bottle of water.

Weds., October 1, from 10:00 a.m. - 11:30 a.m.

Rain Date: Weds., October 8

Res: \$15/Non-Res: \$20

S-Link Chain Bracelet/Necklace

Instructor: Wendy Forte

Learn to shape wire to form s-links and eye links with Wendy Forte. Just add beads to the eye links, finish off with a hook clasp, and you'll wear this statement piece home. Beginners are welcome. All tools and materials will be supplied.

Thurs., October 2, from 9:00 a.m.-11:00 a.m.

Res: \$40/Non-Res: \$45

Intuitive Healing for Careers and Small Businesses

Instructor: Rebecca Golgoski

Have you been feeling stuck, or in need of a career change? Are you recently retired and looking to try something new in life, or curious about starting your own business? Could you be searching for different promotional ideas for your small business or in need of boosting sales?

Do you need ideas to inspire and motivate employees – or could you use this encouragement yourself? What do you need? What does your business need? Combining a background of 18+ years in marketing, more than 6 years as an Intuitive Healer, not to mention some recruiting experience, come and participate with Rebecca Golgoski's joyful skills to enhance and enrich your life's work. Sharing your unique experience and/or asking questions will drive this interactive course and benefit the entire group!

Thurs., October 2, from 1:00 p.m.- 3:00 p.m.

Res: \$15/Non-Res: \$20



Intro to “Acting for the Non-Actor”

Instructor: Harrie Mulé

Have you ever wondered what it's like to be an actor and stand in the spotlight on stage or film? No experience necessary. Students will learn the basics of

script analysis, character development, performance preparation, and work on a scene from a movie or play to help beginners build their acting skills. Get in touch with your inner actor and who knows, community theater might be in the stars for you! Students are asked to bring a notebook and pen. Scenes will be provided.

Mon, October 6, from 1:00 p.m.-3:00 p.m.

Res: \$15/Non-Res: \$20

American Poetry: Readings, Discussions and Laughs

Instructor: Rebecca O'Herron

American Poetry- like a treasured family heirloom (think large oatmeal pots, candlestick holders, quilts, old paintings or gas cans made of metal) poetry has a way of surviving; voices of the past speak to us still. In this course we will read and discuss many poems from the mid-19th century up to the present time. We will ask ourselves what does the poem mean and how does the sound of the poem contribute to its value and enjoyment. A wide variety of poems will be read, including some lesser anthologized, yet equally lovely.

4 Tues., beginning October 7, from 10:00 a.m.-11:30 a.m.

Res: \$60/ Non-Res: \$65

Body Lotion Workshop

Instructor: Maritza Romero

Join us at the Desmond Center for a hands-on workshop where you'll create your own moisturizing body lotion using natural ingredients. Whether you're looking for a healthier skincare alternative or a fun DIY experience, this workshop is perfect for you! What you'll learn: the benefits of natural ingredients for your skin, how to blend oils, butters and emulsifiers for the perfect lotion and tips for long lasting hydration. Come and join us for a fun filled day!

Thurs., October 9, from 9:00 a.m.-12:00 p.m.

Res: \$25/Non-Res: \$30

Animal Guides and Their Helpful Messages

Instructor: Rebecca Golgoski

According to Dr. Steven Farmer, "when animals come to you in an unusual way or repeatedly, whether in physical or symbolic form, they are serving as spirit guides attempting to get a message to you." Here's what you can expect in this workshop! What are spirit animal guides? How do they show up – and why? The most popular animal guides (such as butterflies,



cardinals, rabbits) and some of their symbolic meanings. Relax with a guided meditation and meet one of your spirit animal guides. Together we'll get to the bottom of what your spirit animal is encouraging you to embrace in the present moment – whether it's to express yourself, add more color to your life, stay grounded, or more!

Thurs., October 9, from 1:00 p.m.- 3:00 p.m.

Res: \$15/Non-Res: \$20

Snake Weave Bracelet

Instructor: Wendy Forte

Come craft your own snake weave bracelet with Wendy Forte! This class is designed for those who have some experience with creating wire jewelry. Learn how to create a snake weave bracelet using three separate wires. Add some beads and a hook clasp to complete this wearable art. All tools and materials will be supplied.

Thurs., October 16, from 9:00 a.m.-11:00 a.m.

Res: \$40/Non-Res: \$45



Migration, How Do They Do It?

Instructor: Kayleigh Karpowicz

Many animals make seasonal migrations each year, all for many different reasons. From birds, to reptiles, to butterflies, many animals utilize migration in fascinating ways. Join a Hudson

Highlands Nature Center educator to learn about how and why migrations occur through many different animal species during the fall months.

Fri., October 17, from 10:00 a.m.-11:30 a.m.

Res: \$15/Non-Res: \$20

Uses of Metaphor in Prose: A Gift to Writers

Instructor: Marina Antropow Cramer

Join Author Marina Cramer for a special program about how to use a metaphor as a writing tool: how it differs from analogy, simile, Synecdoche, cliché, idiom, and other rhetorical devices. The class will open with a matching game and explore the paradox of adding a visual element of comprehension – a shortcut that can communicate emotion and lend meaning – through the use of language alone. With examples from literature or their own work, students will analyze ways to develop and sustain the device throughout the narrative arc. This class will be interactive.

Fri., October 17, from 1:00 p.m.-3:00 p.m.

Res: \$15/Non-Res: \$20

Getting Great Deals

Instructor: Richard Nathan

Because of difficult times in real estate, there are many excellent deals in real estate. Rick Nathan is strictly a consumer advocate who invested in many types of real estate. He will teach you the pros and cons of foreclosures, short sales, rent with option, owner financing and buying for no money down. Also, he will show you how to wisely buy or sell investment homes, primary homes, and vacation homes. You will be taught how to sell your home with or without a realtor. Also, after this class, you will know how to research property at the tax assessor's office, the county clerk's office and various other places. To be discussed are various books and web sites dealing with real estate. Rick Nathan has been teaching this class for over 30 years in New York, Connecticut and New Jersey. There is an optional material fee of \$20 payable to the instructor.

Mon., October 20, from 9:00 a.m.- 11:00 a.m.

Res: \$15/Non-Res: \$20



Fishing Striped Bass in the Hudson – Newburgh, NY

Instructor: Chris Palmer

Come join established angler Chris Palmer as he covers the basics of fishing and takes us on the Anadromous Striped Bass' migratory journey from Newburgh and beyond. In

this lecture, you'll learn about the Anadromous Striped Bass, the essential equipment to help make your fishing experience a success, especially from a boat, and several fishing tips and techniques Chris has discovered and learned over the years. Additionally, Chris will tackle The American Littoral Societies Striped Bass Tagging Program and how it works. This lecture will also include information about New York State's fishing season and the regulations everyone needs to know, as well as, information about The Hudson River Fishing Association and its mission. Time will be given at the end for a brief question and answer session.

Tues., October 21, from 1:00 p.m.-2:30 p.m.

Res: \$15/Non-Res: \$20

Coiled Bowl & Coasters Design

Instructor: Wendy Forte

Working with yarn, these adorable coiled bowls or coasters can make wonderful holiday gift or keepsakes for yourself! The coasters will be designed so they can fit in the bowl as a holder. Core supplies are included, yet if you want certain colors please bring at least the equivalent of half a skein of yarn, making sure all are of the same type/thickness. This program will be offered in two parts so please register for one or both classes.

Coaster Design

Thurs., October 23 from 9:00 a.m.-12:00 p.m. & Thurs., October 30 from 9:00 a.m.-11:00 a.m.

Res: \$50/ Non-Res: \$55

Coiled Bowl Design

Thurs., November 20 from 9:00 a.m.-12:00 p.m. & Thurs, December 4 from 9:00 a.m.-11:00 a.m.

Res: \$50/ Non-Res: \$55



Bloom Where You Are Planted

Instructor: Diane Lang

Are you feeling stuck, searching for a fresh start, or simply seeking ways to thrive in your current season of life? This workshop is designed to help you embrace growth, resilience, and fulfillment—right where you are. Change can be challenging, but

living your best life doesn't always require a major transformation. We'll explore how to cultivate joy, purpose, and progress in any circumstance. Join us as we learn to nurture ourselves, embrace new beginnings, and bloom with confidence, no matter where life has planted us.

Tues., October 28, from 1:00 p.m.-2:30 p.m.

Res: \$15/Non-Res: \$20

Secrets Wall Street Does Not Want You to Know

Instructor: Richard Nathan

Have you just come into some money or have some money to invest? This lively, fact packed seminar is a must for those who want to learn from strictly a consumer advocate, Richard Nathan. Since he is not a salesman and has nothing to sell you, he will be blunt and straightforward about things that you are not supposed to know and were never taught in high school or college. You will be taught how not to be ripped off when buying or leasing cars, buying insurance, investigating long term care insurance, investing with or without financial planners and when investing in mutual funds on your own. After taking this course, you will have the confidence to invest on your own or be able to interview financial planners so you can find those who are truly working for you. You will learn how to stretch and save your hard-earned money. There is an optional material fee of \$20 payable to the instructor.

Mon., October 27, from 9:00 a.m.- 11:00 a.m.

Res: \$15/Non-Res: \$20

Nocturnal Animals

Instructor: Kayleigh Karpowicz/Hudson Highlands Nature Center

Do you know how animals move through the darkness of night? Many different animals have special adaptations to survive in the pitch-black. Learn about Hudson Valley's own nocturnal animals, and how they use

their heightened senses to move through the darkness with a Hudson Highlands Nature Center Educator.

Fri., October 31, from 10:00 a.m.-11:30 a.m.

Res: \$15/Non-Res: \$20

Is Time Travel Possible?

Instructor: John Fontana

Science fiction novels, movies and television have provided a wealth of fantasy and in some cases, science reality. One of the most famous novels is the “Time Machine” written by Herbert George Wells, aka H.G. Wells and the “Father of Science Fiction.” He foresaw such futuristic happenings as space travel and even something similar to the World Wide Web. He knew his science. Let’s take up their mantle and explore the questions of time travel. Is it possible? – YES, but what did Einstein and Hawking say about the subject? Can we return to the past? You may want to ask your grandfather.

Tues., November 4, from 11:00 a.m.-12:00 p.m.

Res: \$15/Non-Res: \$20

Across the Sahara Desert in North Africa by Truck, 1979: People, Places, Landscapes

Instructor: Professor Barry Kass

Barry Kass is a Professor Emeritus of Anthropology at S.U.N.Y. Orange. His PowerPoint presentation, vividly illustrated with rare and unusual photographs taken along the journey, will describe the events of a six-week expedition across the Sahara Desert he joined in 1979. Prof. Kass visited such remote places as the Muslim holy city of Kairouan in Tunisia, and the desert oasis settlements of Ghardaia in Algeria and Agadez in Niger. The diversity of human cultures found in the desert, including the Tuareg camel nomads of the southern Sahara and the Berbers of North Africa, will be described through Prof. Kass' first-hand account of his adventures travelling across the legendary Sahara Desert.

Weds., November 5, from 1:00 p.m.-2:30 p.m.

Res: \$15 / Non-Res: \$20

Candle Making Workshop

Instructor: Maritza Romero

Join us at the Desmond Center for a creative candle making workshop where you’ll learn to craft your own candle using natural coconut wax and beeswax. You will learn pouring, blending and wicking techniques. This

hands-on experience is perfect for all beginners and enthusiasts alike, offering a blend of education and fun. Come and join us for a fun filled day!

Thurs., November 13, from 10:00 a.m.-1:00 p.m.

Res: \$30/Non-Res: \$35



Charcuterie Creations

Instructor: Corri Nicoletti

Each participant will receive an assortment of olives, crackers, cheeses, sliced meats and accompaniments to create their board. Guests will learn to create the perfect appetizer along with the skills to create it again. We will

walk through various display techniques like salami roses, color balancing, and various cutting and display options. This class is appropriate for all skill levels and will include three types of cheese, three types of charcuterie meat, and an assortment of fruit, nuts, and other pairings. You will be provided with a disposable bamboo platter to design on along with a box to be able to take your board home to enjoy later! Please Note: Nuts/products containing nuts will be served in this room. Due to the nature of the class, we cannot accommodate guests with allergies.

Mon., November 24, from 10:00 a.m. – 12:00 p.m.

Rain Date: Tues., November 25

Res: \$50/Non-Res: \$55

Legacy Looks

Instructor: Iris Jackson

Choose, create and tell your story - through your lens! Capture memorable moments and stories that no one would know about, without your thoughts and ability to share.

Take this opportunity and enroll in “Legacy Looks” where you can learn about the ways to document shared moments, experiences, values, and connections that are special to you.

Part 2 will help participants share their personal collections further with family, friends or whomever they choose by applying one or two of the many ways discussed in Part 1. We’ll discover what best fits a student’s needs and get creating.

2 Weds., December 3 & 10, from 10:00 a.m.-12:00 p.m.

Res: \$30 / Non-Res: \$35



Perfume Workshop

Instructor: Maritza Romero

Join us at the Desmond Center for a hands-on fragrance experience where you'll learn the art of perfume blending and create custom scent that's uniquely yours! You'll learn the benefits of fragrance notes (top, middle and base), how to blend essential & fragrance oils and tips for long lasting perfumes. Come and join us for a fun filled day!

Thurs., December 11, from 9:00 a.m.-12:00 p.m.

Res: \$30/Non-Res: \$35



Winter Holiday Concert

Musician: Alex Prizgintas

Comprised of seasonal, Christmas, and Hanukkah selections, there is a little bit of something for everyone in a special holiday concert with Alex Prizgintas on his electric cello! With jazz, rock, klezmer, and traditional styles, this program offers a wide palette for the discerning listener. Alex will reveal some of the back stories of his selections, as he immerses his audience in a journey through musical history. From the Most Wonderful Time of the Year and The First Noel to Ma'oz Tzur and

Hava Nagila, Alex works to give a "show" that offers more give-and-take with the audience while delivering bits of information revealing some of the background behind the melodies and the melody makers.

Mon., December 15, from 11:00 a.m. – 12:00 p.m.

Snow Date: Mon., December 22

Res: \$15 / Non-Res: \$20

HEALTH & WELLNESS:

T'ai Chi Chih Introduction

Instructor: John Hunter

Come and learn the best kept secret for living life. T'ai Chi Chih is a new form of Chi Kung discipline; that is, one that is concerned with the development, circulation, and balancing of the Vital Force (Chi). It can be called a moving meditation, a means of spiritual cultivation, and an aid to greater health and longevity. This course is designed for anyone new to T'ai

Chi Chih or anyone who wants a refresher of the basics.

Session I: 7 sessions, beginning Tues., Sept. 2, from 12:15 p.m.-1:30p.m.

Session II: 7 sessions, beginning Tues., Oct. 28, from 12:15 p.m.-1:30p.m.

(No class on November 11)

Res: \$75/Non-Res: \$80

Advanced T'ai Chi Chih

Instructor: John Hunter

This class is designed to provide students who have already learned the 19 movements and one pose with ongoing practice and subtle refinements necessary to improve a person's individual T'ai Chi Chih practice. Further discussion about the six principles of how to move and a focus on some of the more complex movements will be included.

Session I: 7 sessions, beginning Tues., Sept. 2, from 1:30p.m.-2:30p.m.

Session II: 7 sessions, beginning Tues., Oct. 28, from 1:30p.m.-2:30p.m.

(No class on November 11)

Res: \$70/Non-Res: \$75

Fun with TheraBands: Stretch Activity

Instructor: Wendy H. Lois, MS, NBC-HWC

Join Board-Certified Health & Wellness Coach and Certified Life Coach Wendy Lois as we increase flexibility and strength by exploring movements using a 'Stretchy Band'. A TheraBand will be used but is not required for this activity; you may bring a Theraband or a hand towel, pillow, belt, scarf or similar object, or follow along without one, still greatly benefiting from the stretches. Try out and enjoy how these simple objects can really help you increase your energy, flexibility, strength and agility, decrease muscle tension, strengthen posture and invigorate your day. This program has five date options. Students are able to select the classes that work best for their schedule. In addition, students must supply their own medium resistance bands.

Therabands I: Weds., September 3, from 11:00 a.m.-12:00 p.m.

Therabands II: Weds., October 1, from 11:00 a.m.-12:00 p.m.

Therabands III: Weds., October 29, from 11:00 a.m.-12:00 p.m.

Therabands IV: Weds., November 19, from 1:30 p.m.-2:30 p.m.

Therabands V: Tues., December 2, from 11:00 a.m.-12:00 p.m.

Res: \$15/ Non-Res: \$20 (per session)

Mindful Moments: Embracing the Present

Instructor: Wendy H. Lois, MS, NBC-HWC

Discover and practice the power of mindfulness! Join Board-Certified Health and Wellness Coach Wendy Lois in this interactive workshop. In our fast-paced lives, it is easy to overlook the beauty of the here and now. This session will invite you to practice fun mindfulness exercises designed to enhance your mental clarity, boost immunity, and improve overall well-being. Explore ten effective mindfulness techniques that can help reduce stress, elevate mood, and promote healing. Participate in enjoyable activities including the "Private Garden", "The Happiness Connection", "Cloud Pleasers," and more, which you can then also practice at home to cultivate a greater sense of presence and joy in your daily life. Do not miss this opportunity to enhance your health and well-being—join us for a transformative and enjoyable experience that will empower you to live fully in the moment!

Weds., September 3, from 12:00 p.m.-1:00 p.m.

Weds., October 1, from 12:00 p.m.-1:00 p.m.

Res: \$15/ Non-Res: \$20 (per session)

Bird Flu, Influenza A

Instructor: John Albarino, RN MS, Dip Tropical Medicine

This course will highlight the disease process of Influenza A (bird flu). This two-hour presentation will also share information on why viruses are so dangerous. Both historical pandemics and present and future outbreaks will be discussed. This course will be given using only moderate medical and scientific terms. Participants are encouraged to ask questions.

Mon, September 29, from 1:00 p.m.-3:00 p.m.

Res: \$15/Non-Res: \$20

Martial Motion for Seniors

Instructor: Anthony Quatrochi's Martial Arts Institute

Martial Motions, as taught by Anthony Quatrochi's Martial Arts Institute, build flexibility, strength and body control, while also imparting important self-defense skills. Small movements can have large results, and being the strongest person is not what matters most when protecting yourself. Building healthy conditioning and an understanding of smooth movements help you work our motions, whether seated or standing. Basic strikes and blocks, techniques to break holds and beginning self-defense locks will be

covered. Methods to handle difficult situations will be discussed and questions are welcome in this important, yet fun, 90-minute one-time presentation.

Mon., October 6, from 10:00 a.m. – 11:30 a.m.

Res: \$15/Non-Res: \$20

Homeopathic Remedies for Cold and Flu Season

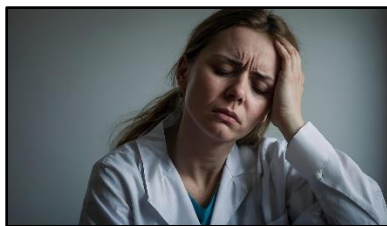
Instructor: Ann Marie Silvani

Get prepared for the cold and flu season! Learn how to survive and thrive with a few essential home remedies! Reference materials and

charts will be shared with remedies to help with prevention and care without using harmful drugs. Be prepared to stock up on your natural medicine cabinet now!

Tues., October 21, from 10:00 a.m.-11:30 a.m.

Res: \$15/Non-Res: \$20



When Animal Diseases “Spill Over” to Humans

Instructor: John Albarino, RN MS, Dip Tropical Medicine

This lecture will be a two-hour instructional/question and answer discussion focused on the diseases of animals that can be transferred to humans. These “zoonotic” diseases will be traced to their origins and species. An example of the diseases to be discussed are SARS, Influenza, Ebola, HIV, plague, COVID-19 and its variants. All students will receive handout materials and students are encouraged to ask questions.

Mon, October 27, from 1:00 p.m.-3:00 p.m.

Res: \$15/Non-Res: \$20

The Secrets and Science of Cravings: Unlocking the Cravings Code for Healthier Living

Instructor: Wendy H. Lois, MS, NBC-HWC

Join Board-Certified Health & Wellness Coach and Certified Life Coach Wendy Lois for an engaging workshop dedicated to understanding and managing cravings. Are certain foods calling your name more often than you would like? You are not alone! As we age, our bodies undergo changes that can affect our cravings and overall health. Understanding the source and then managing these cravings is essential to supporting a balanced diet, preventing unwanted weight gain, and promoting digestive comfort. In this workshop, we will delve into understanding cravings, the body's

mechanisms and why they occur, especially as we age. Then we will explore and practice some easy strategies and techniques to manage cravings while boosting your overall health. Share your experiences and learn from others in a supportive environment. Enjoy a short, guided stretch to help relax and energize your body. This workshop is a wonderful opportunity to empower yourself with knowledge and tools to make healthier choices. Whether you look to manage cravings or simply wish to enhance your learning and well-being, we invite you to join us for this enlightening session.

Weds., October 29, from 12:00 p.m.-1:30 p.m.

Res: \$15/ Non-Res: \$20

6 Keys to Boosting Your Health, Energy and Vitality

Instructor: Wendy H. Lois, MS, NBC-HWC

Join us for an inspiring workshop designed to elevate your wellbeing and enhance your health at every stage of life! Discover six transformative areas that can lead to significant positive changes in your overall wellness. Engage in enjoyable, hands-on activities tailored for each of these key areas, allowing you to explore and experience them in class. You will have the opportunity to create a personalized plan that makes it easy to integrate your newfound insights into your daily routine. Embrace this chance to invest in yourself and unlock a healthier, happier you!

Weds., November 19, from 12:00 p.m.-1:30 p.m.

Res:\$15/ Non-Res:\$20

Thrive Through the Holidays: Your Ultimate Guide to Outsmarting 'Seasons Eatings' Stressors and Enjoying Healthy Celebrations

Instructor: Wendy H. Lois, MS, NBC-HWC

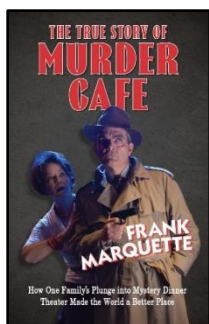
Join Board-Certified Health & Wellness Coach Wendy H. Lois, MS, NBC-HWC, for a transformative session designed to empower you to navigate the holidays! Rediscover the true joys of the season—delicious gatherings, cherished traditions, and meaningful connections—without sacrificing your health or peace of mind. This interactive session is tailored especially for older adults who want to savor every moment of the holidays, stay energized for favorite festivities, and keep healthy habits on track. Whether you're hosting family dinners, attending community events, or simply enjoying quiet moments at home, you'll gain real-world strategies that fit your lifestyle and preferences. You'll also have the opportunity to connect with peers, share wisdom, and support one another in a warm, welcoming environment. With expert guidance from Wendy, you'll develop new tools for making mindful choices, navigating tempting treats, and celebrating in

ways that honor your well-being. Step into the holidays with confidence! Give yourself the gift of health, community, and joy, and set the stage for a vibrant new year.

Tues., December 2, from 12:00 p.m.-1:30 p.m.

Res: \$15/ Non-Res: \$20

MEET THE AUTHOR:



The True Story of Murder Café

Instructor: Frank Marquette

Join Frank Marquette as he tells the story of Murder Café through the eyes of the Marquette family, their actors, clients, and audience members. It is filled with astounding stories of the triumphs and challenges faced by the company over the past 26 years. Join us in celebrating the incredible journey of Murder Café, a testament to one man's obsession and the joy it has brought to so many over the years.

Mon., September 22, from 1:00 p.m.-2:30 p.m.

Res: \$15/Non-Res: \$20

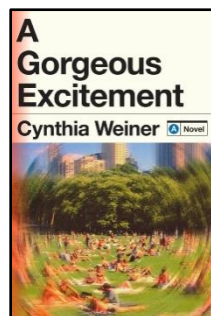
Ripped from the Headlines: A True-Crime Lecture

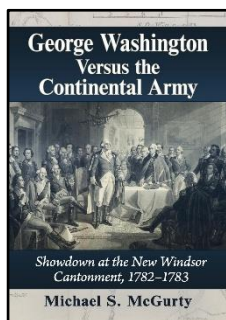
Author: Cynthia Weiner

Join Cynthia Weiner, Assistant Director of the Writers Studio, NYC, and author of the novel *A Gorgeous Excitement* (Crown, 2025). Weiner will explain how she crafted her novel around the infamous “Preppy Murder” of 1986. She’ll discuss her writing process as she fictionalized this true crime.

Mon., October 20, from 1:00 p.m.-2:30 p.m.

Res: \$15/Non-Res: \$20





George Washington- V- the Continental Army: Showdown at the New Windsor Cantonment

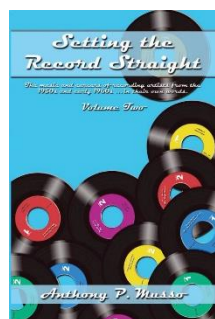
Author: Michael McGurty

Michael McGurty pulls from expansive research, including a variety of primary sources, to meticulously reconstruct the underlying struggles our soldiers and George Washington faced in the final years of the American Revolution. He covers the harsh conditions during the last four years of the war at the New Windsor Cantonment, the Newburgh conspiracy and

the disbandment of the Continental Army. Come for this uniquely insightful understanding of the Revolutionary War.

Weds., October 29, from 12:00 p.m.-1:00 p.m.

Res: \$15/Non-Res: \$20



Setting the Record Straight: The Music and Careers of Recording Artists from the 1950s and 1960s

Author: Anthony P. Musso

Despite having become household names during their respective recording careers during the 1950s and 1960s, the biographies of some of the music industry's biggest names are clouded with inaccuracies, conflicting data, and baseless tales. While a number of the skewed reports might have developed innocently, a product of longtime hearsay, and/or interviews with second-

generation group members, other material was simply fabricated by record company agents, with the sole objective of selling an artist to the buying public. The only way to correct the discrepancies was to gather information directly from each artist or founding group member. This two-volume book is based on a series of personal interviews with 100 of the music industry's leading artists (50 featured in each volume), who graciously shared the true stories of their landmark careers. If their music and careers have left an indelible legacy on pop culture, which clearly it has, then the accuracy of their accomplishments deserves to be recorded.

Mon., November 3, from 10:00 a.m. – 11:30 a.m.

Res: \$15/Non-Res: \$20

TOWN OF NEWBURGH **RECREATION DEPARTMENT**

REFUND POLICY

We understand that illness, injuries and other conflicts may come up to force you to cancel. Please find below the refund policies for our programs, classes and rentals.

CLASSES AND PROGRAMS

We will grant full refunds for requests made ten (10) calendar days prior to the start of the program minus a \$5.00 processing fee. If cancelling LESS THAN ten (10) calendar days prior to the class/program a refund minus a \$5.00 processing fee will be granted ONLY IF a replacement can be found from the waitlist, if a waitlist exists.

Refunds due to medical reasons will be given on a pro-rated basis (if applicable) and only when accompanied by a signed doctor's note certifying an inability to participate.

TRIPS

A full refund minus a \$5.00 processing fee will be granted for trips that are canceled at least thirty (30) days prior to the date of the trip. If cancelling LESS THAN thirty (30) days prior to the trip date a refund minus a \$5.00 processing fee will be granted ONLY IF a replacement can be found from the waitlist, if a waitlist exists.

PARK

Yearly or daily Park permits and boat rental sales are all FINAL.

PAVILION RENTALS

Cancelling thirty (30) days prior to your reserved rental date you will receive a full refund minus a \$5.00 processing fee. Pavilion rentals are rain or shine. If the park is closed by order of the Town Board or Recreation Department Commissioner due to safety concerns including severe weather conditions you will receive a full refund.

DIAL-A-BUS

(845) 564-6084

This program is run by State, County and Local Funds. It is open-to-the public and you are required to call at least 48 hours in advance but typically you need to call further ahead because the service is on a first-come, first served basis and the schedule can fill up quickly. This is not a taxi service but rather a prearranged curb-to-curb service. The schedule changes daily and specific pick up and drop off times cannot be guaranteed. The operator will accommodate you the best that they can. Buses have video surveillance and are wheelchair lift equipped. This service is open to the public to and from any point in the Town of Newburgh.

The Town of Newburgh Dial-A-Bus is available during the following hours:

Monday - Friday, 8:30 a.m. to 3:30 p.m.
(***Last scheduled ride 3:00pm)

Fare: \$1.00 one way

Half Fare: \$.50 one way for **Senior/Disabled Citizens & Medicare**

Cardholders Free: Children under 6 years of age ride must be accompanied by a responsible adult with a car seat.

All children under sixteen (16) years of age must be accompanied by a responsible adult.

Dispatching:

Monday-Friday
8:00 a.m. – 12:00 p.m.

To schedule rides, please call:

(845)564-6084

In the event of inclement weather bus services will follow the closings and delays of the Newburgh Enlarged City School District.



Alice Desmond Center for Community Enrichment

6 Albany Post Road Newburgh, NY 12550

Phone: 845-565-1326

Fax: 845-565-1386

Hours of Operation: Monday - Friday 8:30 a.m. - 4:30 p.m.

Recreation Center

311 Route 32 Newburgh, NY 12550

Phone: 845-564-7815

Fax: 845-564-7827

Hours of Operation: Monday - Friday 8:30 a.m. - 4:30 p.m.

Chadwick Lake Park

1702 Route 300 Newburgh, NY 12550

Ranger Station: 845-564-0608

Contact Us

Commissioner of Parks & Recreation-

Assistant to the Commissioner

Recreation Director-

Administrative Assistant-

Recreation Coordinator-

Recreation Attendant-

Recreation Aide-

Recreation Aide-

Recreation Aide-

Dial-A-Bus Dispatcher/Clerk-

Clerk-

James Presutti

Sheri Drivanos

Jason Szeli

Donna Burgess

Amanda Alberti

Shannon Mozingo

Rebecca D'Addio

Kerry Dowling

Rebecca Williams

Dawn Thompson

Bella Cruz